

# SEPTEMBER 2017

MON

TUE

WED

THUR

FRI

## Special Announcements

### Lunch Prices

Paid \$2.80

Reduced \$0.40

Adult \$4.00

1% lowfat unflavored and fat free chocolate milk are available at breakfast and lunch daily. A variety of fruit juice, fresh and canned fruit choices are also available daily. Substitutions may sometimes need to be made with a nutritionally comparable meal item.



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



Good Eats at:

Paradise Intermediate & Jr. High

## GET READY

FOR NATIONAL SCHOOL LUNCH WEEK!

OCTOBER 9-13

[squaremeals.org/nslw](http://squaremeals.org/nslw)

All Beef Hamburger or Cheeseburger  
Wild Mike's Cheesy Bites with Marinara  
Curly Fries  
Ranch Style Beans

9.4

Labor Day

Holiday

4

Chili Cheese Nachos  
Ham & Cheese Stuffed Baked Potato with Breadstick  
Lemon Roasted Baby Carrots  
Garden Salad

5

Chicken Nuggets with Honey Wheat Roll  
Caprese Style Turkey Ciabatta Sandwich  
Scalloped Potatoes  
Cucumber & Cherry Tomatoes

6

Pulled Pork BBQ Sandwich  
Mini Pepperoni Calzonettes  
Baked Beans  
Creamy Cole Slaw

7

All Beef Hamburger or Cheeseburger  
Toasted Cheesy Bread with Marinara  
Potato Smiles  
Fresh Veggie Dippers

8

+200



+100

+50



Garlic French Bread Pizza  
Tyson Chicken Wings with Garlic Texas Toast  
Waffle Fries  
Fresh Broccoli and Raisin Salad

11

Chicken Fajita Quesadilla  
Chili Cheese Dog  
Ranch Style Beans  
Celery Sticks & Cherry

12

Popcorn Chicken with Honey Wheat Roll  
Southwest Chicken Fajita Salad  
Mashed Potatoes with Country Gravy  
Green Beans with Ham

13

Breaded Chicken Drumstick with Macaroni and Cheese  
Meatball Sub  
Fresh Zucchini & Squash Sticks  
Garden Salad

14

All Beef Hamburger or Cheeseburger  
Fish Filet Sandwich  
Crispy Tater Puffs  
Sweet Corn on the Cob

15

Pepperoni Pizza Slice  
Individual Fiesta Layered Dip with Tortilla Chips  
Whole Kernel Corn  
Garden Salad

18

Monterey Cheese Enchiladas with Homemade Ranchero Sauce  
Chicken & Waffles  
Ranchero Beans  
Spinach & Strawberry Salad

19

Chicken Nuggets with Honey Wheat Roll  
Turkey Bacon Ranch Wrap  
Baked Potato Halves  
Crunchy Baby Carrots

20

Sweet Thai Chicken with Asian Rice, Egg Roll and Fortune Cookie  
Corn Dog  
Steamed Broccoli  
Fresh Veggie Dippers

21

All Beef Hamburger or Cheeseburger  
Breaded Mozzarella Cheese Sticks with Marinara and Texas Toast  
Curly Fries  
Green Peas

22

Pepperoni Pizza Slice  
Sloppy Joe on a Bun  
Potato Smiles  
Celery Sticks

25

Two Soft Tacos  
Toasted Cheesy Bread with Marinara  
Refried Bean Casserole  
Fresh Veggie Dippers

26

Popcorn Chicken  
Chef Salad  
Honey Wheat Roll  
Mashed Potatoes with Country Gravy  
Green Beans with Ham

27

Italian Pizza Pasta Bake  
Breaded Chicken Sandwich  
Roasted Parmesan Broccoli  
Crunchy Baby Carrots

28

All Beef Hamburger or Cheeseburger  
Queso Blanco Nachos  
Seasoned French Fries  
Cucumber Coins

29

Fun facts on back!