



FEBRUARY 2018

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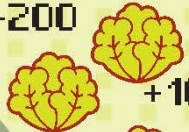
SCHOOL BREAKFAST WEEK

IS NEXT MONTH!

MARCH 5-9

squaremeals.org/sbw

+200



+100



+50

**Good Eats at:
Paradise Intermediate & Jr. High**

2.14

Valentine's Day

Garlic French Bread Pizza Tyson Chicken Wings with Garlic Texas Toast Waffle Fries Fresh Broccoli and Raisin Salad 5	Chicken Fajita Quesadilla Chili Cheese Dog Ranch Style Beans Celery Sticks & Cherry Tomatoes 6	Popcorn Chicken with Honey Wheat Roll Southwest Chicken Fajita Salad Mashed Potatoes with Country Gravy Green Beans with Ham 7	Breaded Chicken Drumstick with Macaroni and Cheese Meatball Sub Fresh Zucchini & Squash Sticks Garden Salad 8	All Beef Hamburger or Cheeseburger Manager's Choice Potato Smiles Fresh Veggie Dippers 2
Pepperoni Pizza Slice Individual Fiesta Layered Dip with Tortilla Chips Whole Kernel Corn Garden Salad 12	Monterey Cheese Enchiladas with Homemade Ranchero Sauce Chicken & Waffles Ranchero Beans Spinach & Strawberry Salad 13	Chicken Nuggets with Honey Wheat Roll Tuna Salad Sandwich Baked Potato Halves Crunchy Baby Carrots 14	Sweet Thai Chicken with Asian Rice, Egg Roll and Fortune Cookie Corn Dog Steamed Broccoli Fresh Veggie Dippers 15	All Beef Hamburger or Cheeseburger Breaded Mozzarella Cheese Sticks with Marinara and Texas Toast Curly Fries 16
No Students Staff Development Day 19	Two Soft Tacos Pizza Sandwich Refried Bean Casserole Fresh Veggie Dippers 20	Popcorn Chicken Chef Salad Honey Wheat Roll Mashed Potatoes with Country Gravy Green Beans with Ham 21	Italian Pizza Pasta Bake Breaded Chicken Sandwich Roasted Parmesan Broccoli Crunchy Baby Carrots 22	All Beef Hamburger or Cheeseburger Queso Blanco Nachos Seasoned French Fries Cucumber Coins 23
Mini Cheese Bagels Turkey Chili in a Bread Bowl Seasoned Corn Red and Green Bell Peppers Strips 26	Two Chicken Fajita Tacos Toasted Bacon and Cheese Sandwich Ranchero Beans Garden Salad with Ranch Dressing 27	Tyson Chicken Nuggets and Whole Grain Roll Ham and Cheese Croissant Rosemary Roasted Red Potatoes Veggie Dippers 28		

SPECIAL ANNOUNCEMENTS

Lunch Prices

Paid \$2.80

Reduced \$0.40

Adult \$4.00

1% lowfat unflavored and fat free chocolate milk are available at breakfast and lunch daily. A variety of fruit juice, fresh and canned fruit choices are also available daily.

Substitutions may sometimes need to be made with a nutritionally comparable meal item



Fun facts on back!



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

