

MARCH 2018

MON TUE WED THUR FRI

Special Announcements

Breakfast Prices

Paid \$1.50

Reduced \$0.30

Adult \$2.25

1% lowfat unflavored and fat free chocolate milk are available at breakfast and lunch daily. A variety of fruit juice, fresh and canned fruit choices are also available daily. Substitutions may sometimes need to be made with a nutritionally comparable meal item.

'YOU ART WHAT YOU EAT'
ART CONTEST
CREATE & ENTER!
STARTS MARCH 18!
squaremeals.org/artcontest



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Good Eats at:
Paradise ISD Schools

Breakfast on a Bun or Assorted Cereal and Whole Grain Toast 5	Bacon and Cheese Biscuit Sandwich Or Assorted Cereal and Mozzarella String Cheese 6	Homestyle Waffles with Syrup Or Assorted Cereal and Whole Grain Toast 7	Warm Blueberry Muffin And Assorted Cereal 8	Glazed Whole Grain Donut Or Assorted Cereal and Mozzarella String Cheese 9
HOLIDAY 12	HOLIDAY 13	HOLIDAY 14	HOLIDAY 15	HOLIDAY 16
Bacon Scramble Breakfast Pizza or Assorted Cereal and Whole Grain Toast 19	Sausage Patty in a Split Southern Biscuit or Assorted Cereal and String Cheese 20	Whole Grain Frosted Strawberry Pop Tart with Assorted Cereal 21	Scrambled Egg, Bacon and Toast or Assorted Cereal and Whole Grain Toast 22	Dutch Waffle Dusted with Powdered Sugar or Assorted Cereal and Whole Grain Toast 23
Pancake Wrapped Sausage on a Stick or Assorted Cereal and Whole Grain Toast 26	All White Meat Chicken Tender in a Southern Biscuit with Honey Butter Or Assorted Cereal and String Cheese 27	French Toast Sticks with Syrup or Assorted Cereal and Whole Grain Toast 28	Homemade Sausage, Egg and Cheese Breakfast Taco Or Assorted Cereal and String Cheese 29	HOLIDAY 30

Homemade Sausage, Egg and Cheese Breakfast Taco Or Assorted Cereal and String Cheese **1**

Dutch Waffle Dusted with Powdered Sugar Or Assorted Cereal and Whole Grain Toast **2**

SCHOOL BREAKFAST WEEK
MARCH 5-9
squaremeals.org/sbw

 +200
 +100
 +50



Fun facts on back! 