

Apple World

Gala Apple x 10

OCTOBER 2017

MON TUE WED THUR FRI

NATIONAL SCHOOL LUNCH WEEK
OCTOBER 9-13
squaremeals.org/nslw

Pancake Wrapped Sausage on a Stick with Syrup Or Assorted Cereal and Whole Grain Toast 2	All White Meat Chicken Tender in a Biscuit with Honey Butter Or Assorted Cereal and String Cheese 3	Old Fashioned Pink Lemonade Smoothie and Assorted Cereal 4	Homemade Sausage, Egg and Cheese Breakfast Taco Or Assorted Cereal and String Cheese 5	Dutch Waffle Dusted with Powdered Sugar Or Assorted Cereal and Whole Grain Toast 6
NO SCHOOL 9	Bacon and Cheese Biscuit Sandwich Or Assorted Cereal and Mozzarella String Cheese 10	Homestyle Waffles with Syrup Or Assorted Cereal and Whole Grain Toast 11	Warm Blueberry Muffin and Assorted Cereal 12	Glazed Whole Grain Donut or Assorted Cereal and Mozzarella String Cheese 13
Bacon Scramble Breakfast Pizza or Assorted Cereal and Whole Grain Toast 16	Sausage Patty in a Split Southern Biscuit or Assorted Cereal and String Cheese 17	Whole Grain Frosted Strawberry Pop Tart with Assorted Cereal 18	Scrambled Egg, Bacon and Toast or Assorted Cereal and Whole Grain Toast 19	Dutch Waffle Dusted with Powdered Sugar or Assorted Cereal and Whole Grain 20
Pancake Wrapped Sausage on a Stick or Assorted Cereal and Whole Grain Toast 23	All White Meat Chicken Tender in a Southern Biscuit with Honey Butter or Assorted Cereal and String Cheese 24	French Toast Sticks with Syrup or Assorted Cereal and Whole Grain Toast 25	Homemade Sausage, Egg and Cheese Breakfast Taco or Assorted Cereal and String Cheese 26	Glazed Whole Grain Donut or Assorted Cereal and Mozzarella String Cheese 27
Warm Ham & Cheese Croissant Sandwich or Assorted Cereal and Whole Grain 30	Bacon and Cheese in a Split Southern Biscuit or Assorted Cereal and String Cheese 31			

Good Eats at:
Paradise ISD Schools

Special Announcements

Breakfast Prices
Paid \$1.50
Reduced \$0.30
Adult \$2.00

1% lowfat unflavored and fat free chocolate milk are available at breakfast and lunch daily. A variety of fruit juice, fresh and canned fruit choices are also available daily. Substitutions may sometimes need to be made with a nutritionally



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Fun facts on back! ➔