

# OCTOBER 2017

**NATIONAL SCHOOL LUNCH WEEK**  
OCTOBER 9-13  
squaremeals.org/nslw

MON

TUE

WED

THUR

FRI

Mini Cheese Pizza  
Bagels  
Turkey Chili in a Bread Bowl  
Seasoned Corn  
Red & Green Bell Pepper Strips **2**

Two Chicken Fajita Tacos  
Toasted Bacon and Cheese Sandwich  
Ranchero Beans  
Garden Salad with Ranch Dressing **3**

Tyson Chicken Nuggets and Whole Grain Roll  
Ham and Cheese Croissant  
Rosemary Roasted Red Potatoes  
Veggie Dippers **4**

Homemade Pig in a Blanket  
Alfredo over Penne Pasta & Breadstick  
Roasted Squash & Zucchini  
Caesar Side Salad **5**

All Beef Hamburger or Cheeseburger  
Crunchy Pollock Fish Sticks with Texas Toast  
Tater Puffs  
Cherry Tomatoes **6**

**NO SCHOOL**  
**9**

Crispitos with Cheese Sauce  
Pizza Munchable  
Roasted Spiced Cauliflower  
Baby Carrot & Celery Sticks **10**

Tyson Popcorn Chicken  
Grilled Chicken Apple and Cranberry Salad  
Whole Grain Roll  
Mashed Potatoes with Gravy **11**

Buttermilk Pancakes and Sausage Patty  
Toasted Cheese Sandwich  
Homemade Tomato Basil Soup  
Star Shaped Hashbrowns **12**

All Beef Hamburger or Cheeseburger  
Wild Mike's Cheesy Bites with Marinara  
Curly Fries  
Ranch Style Beans **13**

Pepperoni Pizza Slice  
Tangerine Chicken with LoMein and Fortune Cookie  
Green Beans with Ham  
Spinach Mandarin Salad **16**

Chili Cheese Nachos  
Ham & Cheese Stuffed Baked Potato with Breadstick  
Lemon Roasted Baby Carrots  
Garden Salad **17**

Chicken Nuggets with Honey Wheat Roll  
Caprese Style Turkey Ciabatta Sandwich  
Scalloped Potatoes  
Cucumber & Cherry Tomatoes **18**

Pulled Pork BBQ Sandwich  
Mini Pepperoni Calzonettes  
Baked Beans  
Creamy Cole Slaw **19**

All Beef Hamburger or Cheeseburger  
Toasted Cheesy Bread with Marinara  
Potato Smiles  
Fresh Veggie Dippers **20**

Garlic French Bread Pizza  
Tyson Chicken Wings with Garlic Texas Toast  
Waffle Fries  
Fresh Broccoli and Raisin Salad **23**

Chicken Fajita Quesadilla  
Chili Cheese Dog  
Ranch Style Beans  
Celery Sticks & Cherry **24**

Popcorn Chicken with Honey Wheat Roll  
Southwest Chicken Fajita Salad  
Mashed Potatoes with Country Gravy  
Green Beans with Ham **25**

Breaded Chicken Drumstick with Macaroni and Cheese  
Meatball Sub  
Fresh Zucchini & Squash Sticks  
Garden Salad **26**

All Beef Hamburger or Cheeseburger  
Fish Filet Sandwich  
Crispy Tater Puffs  
Sweet Corn on the Cob **27**

Pepperoni Pizza Slice  
Individual Fiesta Layered Dip with Tortilla Chips  
Whole Kernel Corn  
Garden Salad **30**

Monterey Cheese Enchiladas with Homemade Ranchero Sauce  
Chicken & Waffles  
Ranchero Beans  
Spinach & Strawberry Salad **31**

Good Eats at:

Paradise Elementary Lunch

Special Announcements

Lunch Prices

Paid \$2.60

Reduced \$0.40

Adult \$4.00

1% lowfat unflavored and fat free chocolate milk are available at breakfast and lunch daily. A variety of fruit juice, fresh and canned fruit choices are also available daily. Substitutions may sometimes need to be made with a nutritionally comparable meal item.



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**



Fun facts on back! ➔