

Apple World

Gala Apple x 10

OCTOBER 2017

NATIONAL SCHOOL LUNCH WEEK

OCTOBER 9-13
squaremeals.org/nslw

MON

TUE

WED

THUR

FRI

Pancake Wrapped Sausage on a Stick with Syrup
Or
Assorted Cereal and Whole Grain Toast

2

All White Meat Chicken Tender in a Biscuit with Honey Butter
Or
Assorted Cereal and String Cheese

3

Old Fashioned Pink Lemonade Smoothie and Assorted Cereal

4

Homemade Sausage, Egg and Cheese Breakfast Taco
Or
Assorted Cereal and String Cheese

5

Dutch Waffle Dusted with Powdered Sugar
Or
Assorted Cereal and Whole Grain Toast

6

NO SCHOOL

9

Bacon and Cheese Biscuit Sandwich
Or
Assorted Cereal and Mozzarella String Cheese

10

Homestyle Waffles with Syrup
Or
Assorted Cereal and Whole Grain Toast

11

Warm Blueberry Muffin and Assorted Cereal

12

Glazed Whole Grain Donut
or
Assorted Cereal and Mozzarella String Cheese

13

Bacon Scramble Breakfast Pizza
or
Assorted Cereal and Whole Grain Toast

16

Sausage Patty in a Split Southern Biscuit
or
Assorted Cereal and String Cheese

17

Whole Grain Frosted Strawberry Pop Tart with Assorted Cereal

18

Scrambled Egg, Bacon and Toast
or
Assorted Cereal and Whole Grain Toast

19

Dutch Waffle Dusted with Powdered Sugar
or
Assorted Cereal and Whole Grain

20

Pancake Wrapped Sausage on a Stick
or
Assorted Cereal and Whole Grain Toast

23

All White Meat Chicken Tender in a Southern Biscuit with Honey Butter
or
Assorted Cereal and String Cheese

24

French Toast Sticks with Syrup
or
Assorted Cereal and Whole Grain Toast

25

Homemade Sausage, Egg and Cheese Breakfast Taco
or
Assorted Cereal and String Cheese

26

Glazed Whole Grain Donut
or
Assorted Cereal and Mozzarella String Cheese

27

Warm Ham & Cheese Croissant Sandwich
or
Assorted Cereal and Whole Grain

30

Bacon and Cheese in a Split Southern Biscuit
or
Assorted Cereal and String Cheese

31

Good Eats at:

Paradise ISD Schools

Special Announcements

Breakfast Prices

Paid \$1.50

Reduced \$0.30

Adult \$2.00

1% lowfat unflavored and fat free chocolate milk are available at breakfast and lunch daily. A variety of fruit juice, fresh and canned fruit choices are also available daily. Substitutions may sometimes need to be made with a nutritionally



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Fun facts on back! ➔